

SCHOOL - AUGHNACLOY PRIMARY

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One 6/1/20	S.C	IRISH STEW OR OVEN BAKED SAUSAGES BEANS or PEAS MASH or CHIPS GRAVY FROZEN MOUSSE & PIECE OF FRUIT	CHICKEN GOUJONS (HMOC) OR TUNA PASTA BAKE CARROTS/SWEETCORN GRAVY PASTA MASHED POTATOES CHOCOLATE MUFFIN CAKE & CUSTARD	CHICKEN CURRY & RICE OR CHILLI CHICKEN PANINI GRAVY CARROTS /TOSSED SALAD MASHED POTATOES MARBLE CAKE & CHOCOLATE SAUCE	VEGETABLE SOUP CRUSTY/WHEATEN BREAD STEAK BURGER & BAP with CHEESE OR CHICKEN SALAD ROLL CORNFLAKE COOKIE ,FRESH FRUIT & MILKSHAKE
Week Two 13/1/20	GRILLED BACON OR CHICKEN CRUMBLE GRAVY SWEETCORN/TURNIP MASHED POTATOES CHOCOLATE BROWNIE & CUSTARD	QUICHE OR CHICKEN NUGGETS PASTA TOSSED SALAD /PEAS MASHED POTATOES GRAVY ICECREAM TUB ,FRUIT & JELLY	FISH FINGER OR COTTAGE PIE GRAVY PEAS/BEANS MASHED POTATOES PLAIN CAKE & CUSTARD	CHICKEN SAVOURY RICE OR STEAK BURGER GRAVY CARROTS MASH/OVEN ROASTIES APPLE CRUMBLE OR BISCUIT & CUSTARD	PIZZA SLICE OR SALMON FISHCAKE SWEETCORN COLESLAW MASH /CHIPS CURRY SAUCE FLAKEMEAL BISCUIT ,FRUIT & MILKSHAKE
Week Three 20/1/20	STEAK BURGER & GRAVY OR SWEET & SOUR CHICKEN and RICE CARROTS/SWEETCORN MASHED POTATOES CHOCOLATE COOKIE & CUSTARD	HOMEMADE PIZZA OR SALMON FISHCAKE PEAS/BEANS MASH/CHIPS RICE PUDDING & FRUIT OR SELECTION OF YOGHURT	CHICKEN GOUJONS OR BRAISED STEAK GRAVY CARROTS/BROCCOLI MASH / PASTA CHOCOLATE CAKE, ORANGES & CUSTARD	ITALIAN PASTA BAKE OR CHICKEN DRUMSTICK GRAVY PEAS/CARROTS MASH /OVEN BAKED ROASTIES JAMMIE DODGER & CUSTARD	CHICKEN SOUP CRUSTY BAGUETTE HOT DOG OR CHICKEN BAGUETTE FROZEN YOGHURT AND FRUIT PORTION
Week Four 27/1/20	CHICKEN CURRY & RICE OR SAVOURY MINCE CARROTS GRAVY MASHED POTATOES CHOCOLATE SPONGE & CUSTARD	BROWN STEW OR CHICKEN NUGGETS GRAVY PASTA BEANS/ PEAS MASHED POTATOES FLAKEMEAL BISCUIT , FRUIT AND MILKSHAKE	FISH FINGER OR CHICKEN CRUMBLE GRAVY CARROTS/SALAD MASHED POTATOES RICEKRISPIE SQUARE CUSTARD	RST, STUFFED CHICKEN & GRAVY CARROTS/PEAS MASH/OVEN BAKED ROASTIE MERINGUE,FRUIT ,JELLY AND CREAM	SALMON FISHCAKE OR TOMATO & CHEESE PIZZA MIXED VEG PASTA BAKED POTATO/CHIPS GRAVY ICECREAM TUB ,PEARS & CHOCOLATE SAUCE

school food

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Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily

If you require any additional information on allergens or Special diets please contact the school in the first instance

