

# SCHOOL - AUGHNACLOY PRIMARY

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b>  9/9/19	SPAGHETTI BOLOGNAISE OR CHICKEN IN GRAVY CARROTS MASHED POTATOES  SHORTBREAD,FRUIT & CUSTARD	BROWN STEW OR OVEN BAKED SAUSAGES BEANS or PEAS MASH or CHIPS  FROZEN MOUSSE & PIECE OF FRUIT	CHICKEN GOUJONS (HMOC) OR TUNA SALAD WRAP CARROTS/SWEETCORN GRAVY MASHED POTATOES  CHOCOLATE CAKE & CUSTARD	CHICKEN CURRY & RICE Naan bread OR HOT CHICKEN BAGUETTE GRAVY CARROTS /TOSSED SALAD MASHED POTATOES MARBLE CAKE & CHOCOLATE SAUCE	VEGETABLE SOUP CRUSTY/WHEATEN BREAD  STEAK BURGER & BAP with CHEESE OR CHICKEN SALAD ROLL  CORNFLAKE COOKIE ,FRESH FRUIT & MILKSAHAKE
<b>Week Two</b>  16/9/19	GRILLED BACON OR CHICKEN CRUMBLE GRAVY SWEETCORN/CARROTS MASHED POTATOES  CHOCOLATE BROWNIE & VANILLA SAUCE	QUICHE OR CHICKEN NUGGETS PASTA TOSSED SALAD /PEAS MASHED POTATOES GRAVY  ICECREAM TUB ,FRUIT & JELLY	FISH FINGER OR COTTAGE PIE GRAVY PEAS/BEANS MASHED POTATOES  MUFFIN CAKE, FRUIT & CUSTARD	SVOURY CHICKEN RICE OR STEAK BURGER GRAVY  MIXED VEG/CARROTS MASHED POTATOES  APPLE CRUMBLE OR BISCUIT & CUSTARD	PIZZA SLICE OR SALMON FISHCAKE SWEETCORN COLESLAW MASH /CHIPS CURRY SAUCE SWISSROLL/SPONGE & MILKSAHKE
<b>Week Three</b>  23/9/19	STEAK BURGER & GRAVY OR SWEET & SOUR CHICKEN and RICE CARROTS/SWEETCORN MASHED POTATOES  CHOCOLATE COOKIE & CUSTARD	HOMEMADE PIZZA OR FISH PIE PEAS/BEANS MASH/CHIPS  RICE PUDDING & FRUIT OR SELECTION OF YOGHURT	CHICKEN GOUJONS OR BRAISED STEAK GRAVY CARROTS/BROCCOLI MASH / PASTA  CHOCOLATE MUFFIN, ORANGES & CUSTARD	ITALIAN PASTA BAKE OR CHICKEN DRUMSTICK GRAVY PEAS/CARROTS MASH /OVEN BAKED ROASTIES JAMMIE DODGER & CUSTARD	CHICKEN SOUP CRUSTY BAGUETTE HOT DOG OR CHICKEN BAGUETTE  FROZEN YOGHURT AND FRUIT PORTION
<b>Week Four</b>  30/9/19	CHICKEN CURRY &RICE OR SAVOURY MINCE CARROTS GRAVY MASHED POTATOES  CHOCOLATE SPONGE & CUSTARD	IRISH STEW OR CHICKEN NUGGETS GRAVY PASTA BEANS/ PEAS MASHED POTATOES  FLAKEMEAL BISCUIT , FRUIT AND MILKSHAKE	FISH FINGER OR CHILLI CHICKEN PANINI GRAVY CARROTS/SALAD MASHED POTATOES  RICEKRISPIE SQUARE CUSTARD	RST, STUFFED CHICKEN & GRAVY CARROTS/PEAS MASH/OVEN BAKED ROASTIE  MERINGUE,FRUIT ,JELLY AND CREAM	TUNA BAKE OR TOMATO & CHEESE PIZZA MIXED VEG PASTA BAKED POTATO/CHIPS  ICECREAM TUB & CHOCOLATE SAUCE

# school food

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**Bread, Fresh Fruit, Yoghurt, Milk and Water are available daily**

**If you require any additional information on allergens or Special diets please contact the school in the first instance**

